

YOUTH C4 AND WAR CANOE PROGRAM

Cost: \$300 plus volunteer commitment

Specifically designed for athletes aged 14-17 as of January 1st and up, who wish to learn a great new sport in a team environment.

This program will allow teenagers to learn and acquire new skills in canoeing under the guidance of knowledgeable coaches with years of experience. Individuals will have the opportunity to paddle four man boats and War Canoe.

Individuals may participate in weekend regattas, culminating in the Provincial and National Championships in August in Regina.

Practice Schedule:

June 1 st to August 19 th	<u>Day</u>	<u>Time</u>
	Tuesday;	5:30 – 7:00 pm
	Thursday:	5:30 – 7:00 pm

Most Important Dates:

- Saturday, June 12th: Mississauga Home Regatta, Mississauga ON
- Sat/Sun, July 31st-Aug 1st: WOD Trials, Welland ON
- Wed-Sat, Aug 25-28th: National Championships, Regina.

Registration: April 10th from 11:00 am to 1:00 pm at Mississauga Canoe Club.