

## 2017 MCC Youth Racing Summer Program



### **Program Description:**

This two-tiered training and racing program is designed to accommodate the technical and tactical training processes of various developing Canoe and Kayak athletes. The MCC's core values of achieving individual and team excellence within a safe and pleasurable environment will be fostered in this program. Beginners are highly encouraged to join as participants and do not require previous paddling experience as we have many boats and racing opportunities for all. This is an exceptional program that will build lifelong skills while enhancing the development of every athlete.

*\*Participants between the ages of 7-15 years old as of Jan. 1st 2017\**

*\*Swimming Requirement: Aquaquest 6 or equivalent\**

**Program begins: April 13<sup>th</sup> - ends September 30<sup>th</sup>**

This program consists of a Spring, Summer & Fall schedule of development to best prepare athletes for the paddling season.

Schedule	Days	Times
<b>Early Spring Session</b> April 13 <sup>th</sup> - 29 <sup>th</sup>	Tuesday & Thursday Saturday	6:00 - 8:00pm 9:00 - 11:45am
<b>Spring Session</b> May 2 <sup>nd</sup> - June 27 <sup>th</sup>	Tuesday & Thursday Saturday	4:00 - 6:00pm 9:00 - 11:45am
<b>Summer Session</b> July 3 <sup>rd</sup> - August 17 <sup>th</sup>	Monday - Friday	9:00 - 11:45am
<b>Fall Session</b> Sep. 12 <sup>th</sup> - Sep. 30 <sup>th</sup>	Tuesday & Thursday Saturday	4:00 - 6:00pm 9:00 - 11:45am

### **Important Dates for the Youth Racing Program:**

- April 12<sup>th</sup> – Registration Night, 6 - 8pm, Mississauga Canoe Club
- June 10<sup>th</sup> – Mississauga Home Regatta, Mississauga Canoe Club
- July 8<sup>th</sup> – Pickering Rouge Canoe Club Regatta, West Rouge
- July 15<sup>th</sup> – U15 North Bay Regatta, North Bay
- July 29<sup>th</sup> & 30<sup>th</sup> Western Ontario Divisional Regatta, Welland
- August 9<sup>th</sup> – U11/U13 Novice Championships, Cobourg
- August 12<sup>th</sup> – U13/15 Ontario Trillium Championships, Ottawa
- **\*Other events/dates may be announced by coaching staff**

### **Program Cost:**

<b>Cost Youth Racing Summer Program</b>	<b>Volunteer Commitments (2)</b>
Registration: \$600.00 + HST (\$78.00) = \$678.00	2 Bingo's, Club or Divisional Events *1 event must be a bingo
Racing Fee: \$50.00 + HST (\$6.50) = \$56.50	
<b>Total Fees = \$734.50</b>	
*Club Singlet \$50 + HST (\$6.50) = <b>\$56.50</b>	Ask coaching staff for singlet ordering as required.

### **Full Day Youth Racing Program Add-on Option:**

Beginning July 3<sup>rd</sup> through August 17<sup>th</sup> MCC will be extending the base Youth Racing program throughout the afternoon. The program time remains 9:00 -11:45am for the morning session. After that time, the **Full Day** group continues their training day until 3:45pm.

Please note that this program is intended to serve those that have a keen interest in their continued and quick development in the sport. The program will promote enhanced athlete preparation for late summer competitions while providing parents an excellent all-day option for their child while at work or unavailable to supervise them.

Please also note that this program is restricted to 15 registrants and is based primarily on a first come first serve basis.

Add-on price: \$485 + HST (\$63.05) = **(\$548.05)**

\*No additional Volunteer Commitments

\*NSF fee \$50, Program withdrawal fee \$50, program: non-refundable after one month

For further information about the Youth Racing Program, contact the Head Coach, Kyle Jeffery:  
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